

HIGH FLYER

IN GOD WE TRUST, ALL OTHERS WE MONITOR

VOL. 11, ISSUE 13

SERVING THE BEALE AIR FORCE BASE, CALIF., COMMUNITY

MARCH 30, 2007



Farewell dear friends

(Left) Col. Domenick Eanniello, 9th Reconnaissance Wing vice commander, and wife, Patti, pose in front of a U-2 after Colonel Eanniello's end-of-tour flight Thursday. Colonel Eanniello has been the 9th RW vice commander since May 2005, and will be moving to Robins Air Force Base, Ga., to be the vice commander of the 116th Air Control Wing. (Above) Colonel Eanniello is marshalled in as his U-2 is drenched with water from two 9th Civil Engineer Squadron fire engines. (Photos by John Schwab)

Teen, rising athlete rides for nationals

By Airman 1st Class
George Cloutier
9th RW Public Affairs

A little known rising athlete, son of one of Team Beale's very own warriors, is coming up fast and gaining recognition in the world of competitive mountain biking.

Nate Byrom, a sophomore

at Nevada Union High School in Grass Valley and son of Capt. Robert Byrom, 9th Security Forces operations officer, rides for his school's competitive mountain biking team, the Miners. In the short time he's been riding for the Miners, Nate has come a long way and

see **BYROM** page 4

Base chaplain assistant wins AF-level award

By Senior Airman Christine Collier
9th RW Public Affairs

One of Beale's own recently won the 2006 Outstanding Chaplain Assistant Airman of the Year award at the Air Force level.

Staff Sgt. April Castro, 9th Reconnaissance Wing chaplain assistant, was recognized for her many achievements during the past year when she received the prestigious award.

"I was very surprised to learn that I got the award," Sergeant Castro said. "I was happy to know that I won, but at the same time, I don't strive to win awards, I just do all the things I do because I love helping others. I love my job."

Sergeant Castro is credited with many accomplishments, including raising money for the St. Jude's Children's Hospital in her off-duty time and partnering with the local United States De-

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Over 60 Beale members volunteered during this year's Bok Kai parade. See more on Pages 11-13.

Spring-for-SIDS on April 20. See more on Page 5.

OPEN LINE



The Open Line is your direct line to the 9th Reconnaissance Wing commander. The Open Line is used to ask questions, make suggestions, or give thanks for a job well done. The most efficient way to solve an issue is to work through the relevant office and use the chain of command. If you are unable to resolve the issue, or are not satisfied with the response, call the Open Line. If

you would like to receive a response, leave your name and phone number with your message. Open Lines of general interest will be published in the High Flyer; others will be answered by letter, phone or in person.

Open Line number:
634-8888

Open Line e-mail:
9RWPA@beale.af.mil

Brig. Gen. H. D. Pumbo, Jr. is the 9th Reconnaissance Wing commander at Beale. (Photo by John Schwab)

Integrity first, Service before self, Excellence in all we do

By Lt. Col. Lee Beyer
9th Physiological Support Squadron
commander

Seems pretty simple, three straightforward values.

The second value is easy, "Service before self." We are a service organization. We serve our great country and its citizens by providing a military option in the overall diplomatic toolbox of our elected officials. This second value reiterates that we will serve our country before we serve ourselves.

The excellence value is pretty easy to comprehend also. We fly jets, drop bombs, assemble and disassemble complex machinery, secure fences and borders, provide protection in hostile environments, acquire and process intricate intelligence, and the list goes on and on. In each example, excellence is not just desired or expected, it is compulsory.

Our mission is too important, and the outcome is too great, for any of us to perform or provide anything less than excellence.

So why have I chosen to write about our core values? Well, it is really the first value that interests me most today ... the one I just glossed over. Integrity first. What is integrity? And why is it first?

Selfless devotion came in second to this entity called integrity. That is pretty impressive placement! And I think we can all agree that being excellent in whatever we do is huge, yet the Air Force only awards excellence with a bronze medal in the Core Value Olympics.

Integrity first. The Core Values read like job qualifications posted in the want-ads, with the message being, if you don't have integrity; don't bother ... no shirt, no shoes, no service. Ok ... got it. Or do I? What is integrity? I understand it's important. In fact, I understand that it is the most important of our core values, but

what does it mean? From its Latin roots, integrity is derived from integritat which translates as "integer" or "entire." In other words, integrity is a whole number ... fractions need not apply.

Webster's Dictionary helps things a bit by defining integrity as an unimpaired condition, being sound, having the quality of being complete or undivided. This definition starts to make more sense but certainly core value no. 1 should be more than simply not coming to work impaired? Talk about setting the bar low.

The American Heritage Dictionary helps the most by expanding the "unimpaired" to include steadfast adherence to a strict moral or ethical code. Of course this just trades the definition of one difficult word for another. Ethics? Morality? These are words we inherently know, that is, until we sit down and try to characterize them.

Like ethics and morality, integrity is one of those "concept" words - a word that defines that which we all know, but that which is difficult to articulate or define. It is a concept that each of us is readily aware of when we see it. And just as important, we immediately notice its absence.

Oftentimes concrete words and definitions fail to accurately capture the "essence" of a word, especially when that word is seated in emotion and values. In these instances it may help to look at the writings of others to "piece together" the meaning of such words and to better grasp the word's spirit.

Blaise Pascal: The strength of a man's virtue should not be measured by his special exertions, but by his habitual acts.

Arnold H. Glasow: Live so that your friends can defend you but never have to.

Gamaliel Bradford: In great matters men show themselves as they wish to be seen; in small matters, as they are.

Spender Johnson: Integrity is telling

myself the truth, and honesty is telling the truth to other people.

Norman Vincent Peale: There is no right way to do a wrong thing.

Albert Camus: Integrity has no need of rules.

Laurence Olivier: Have a very good reason for everything you do.

Dr Martin Luther King Jr.: The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy. Chinese Proverb: Laws control the lesser man. Right conduct controls the greater one.

With their help, the concept of integrity begins to take shape. As best as I can convey, integrity is doing the right thing at all times.

To borrow a well known phrase, integrity is operating in a selfless manner even when no one is looking. Integrity requires self-control and self regulation.

Integrity is making the right decision, following the just path, and leading in a manner in which you would like to be led. It is about quality and purity of character. Integrity doesn't need to be defended, rationalized or justified; it is readily evident ... with all the inherent goodness baked right in.

And, while the umbrella of integrity includes how we deal with others, it is principally based on how we deal with ourselves. Are we dependable, reliable, fair, honest, truthful, resolute and incorruptible.

None of us are born with integrity, nor can we "obtain" integrity with a few well placed words or actions. Integrity is the never-ending pursuit of honesty ... and that is why integrity is core value no. 1.

In the words of former Wyoming Senator Alan Simpson, "If you have integrity, nothing else matters."

If you don't have integrity ... nothing else matters."

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<http://highflyer.theunion.com>

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partment of Agriculture community program to provide food for Air Force families. These contributions, along with numerous others, played a part in the sergeant's AF-level win.

"The competition of any Air Force-level award is fierce," said Ch. (Lt. Col.) Jimmy Browning, 9th RW chaplain. "I am extremely pleased to have Staff Sgt. Castro achieve this level of recognition. She is a great Airman. This award speaks very well of her, her supervisor and the entire team's efforts. As in sports, any star player is part of an effective team."

Sergeant Castro credits her win to chapel leadership, as well as her former supervisor and mentor, Master Sgt. Noel York, who currently works at the chapel at Shaw Air Force Base, N.C.

"Without (Sergeant York's) mentorship I would not be who I am today in the Air Force," Sergeant Castro said.

In addition to the men and women that have helped her along the way in her Air Force career, Sergeant Castro also credits a higher power for her current success.

"I would just like to thank God for all that I have and all that I have become," said Sergeant Castro.

Senior NCO receives "Real Heroes" award

By 2nd Lt Ashley Peltier
9th RW Public Affairs

Throughout our community, ordinary people perform extraordinary acts of courage and kindness every day. On March 22, the American Red Cross Three Rivers chapter held their 3rd annual Real Heroes Breakfast honoring Senior Master Sgt. Robert Davis, 9th Comptroller Squadron superintendent, who was one of several different heroes being recognized.

Red Cross gave their definition of a Real Hero being, a person noted for feats of courage, nobility or purpose; one admired for his or her exploits. Heroes are people in the community who have taken action in a time of crisis to help others and have consistently shown an extraordinary gift of human compassion, all of which are the values and principles of the American Red Cross.

"It was a total surprise, a great surprise," Sergeant Davis said. "It was an honor to be recognized by the Red Cross. It's humbling since I never considered myself a hero, just someone doing what needed to be done."

Sergeant Davis has received a Bronze Star Medal with Valor and a Meritorious Service Medal for his service during Operation Iraqi Freedom. He has been hit by an Improvised Explosive Device, been involved in intense

fire fights, rode on 110 convoys and 70 Blackhawk missions. He has carried anywhere from \$2 to \$9 million on his back and helped to save the lives of Iraqi's and fellow soldiers when attacked.

Sergeant Davis' list of achievements and experiences goes on, showing that he has done more than just "what needed to be done."

When Sergeant Davis was asked what receiving this award meant to him, he said, "I'm humbled and shocked. To me, there are so many more other heroes on base. I felt like I just represented all of them."

Major Steve Dinart, 9th CS commander, nominated Sergeant Davis for this award and commented on Sergeant Davis saying, "Sergeant Davis has significantly impacted the lives of many from overseas to the civilian community. He always shows his compassion and takes the time to help others."

While Sergeant Davis was recognized as a "Real Hero" by his commander and the surrounding community, he commented on who the real heroes of the Air Force are.

"I think the real heroes are our spouses," Sergeant Davis said. "We go out and do our job and our spouses sit back and worry and hope and pray we are alright. What an incredible sacrifice."



ENLISTED Voices



The ability to remain teachable

By Master Sgt. Ophelia Caffee
9th Mission Support Squadron
first sergeant

What do you think is one of the characteristics that separate an outstanding Airman from an average Airman? Why do you think our leaders are in positions of power? I'd venture to say that it is the ability to remain teachable. Development of the mind is necessary for mental stimulation and growth; let's see HOW it is done.

HOW: honesty, open-mindedness and will-
ingness.

The first letter, H, is tied to one of our AF core values "Integrity first" which means doing the right thing even when no one is watching. When we are able to admit to mistakes, we are saying teach me the correct way and

trust me to work alone, for I will be just, sincere and forthright. Honesty brings a certain level of respect that can only be earned, but it is only a part of the HOW.

Q -- The continuous cycle of open-mindedness, is the ability to open your mind to new ideas. "Think outside the box" is something that you have heard frequently during your AF career. Be willing to eliminate your tunnel vision and watch your spirit soar!

Today should be the day you become Will-ing to achieve success and engage in lifelong learning. Lifelong learning is simply a means of acquiring, retaining and sharing knowledge. This is a huge responsibility we are placing on you, for knowledge is power. Be willing to use that power so that it benefits everyone around you and the United States Air Force.

As a last thought, how will you remain teachable?

WARRIOR SPOTLIGHT

Senior Airman James Quinlan

Unit: 9th Communications Squadron

Job: Network administrator

Hometown: Quartz Hill, Calif.

Air Force goals: To make staff sergeant this year and chief master sergeant in the future. I'm also working to complete my bachelor's degree in Information Tech-

nology

Time in the Air Force: Six years

Hobbies: Computer, bowling and martial arts

The thing I like best about

Beale AFB: The fact that the base is close to everything



Senior Airman James Quinlan is a network administrator with the 9th Communications Squadron. (Photo by Airman 1st Class Robert Biermann)

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made some notable achievements.

Nate got his start in competitive riding in bicycle motocross. When his family moved to Beale about a year ago, he discovered his school had a mountain biking team, and took his skills from BMX with him to the team.

"I found out that I was able to carry over a ton of my skills from BMX," Nate said. "I just needed to add that endurance, because we're racing 20, 30 miles."

Over the past year, Nate says his skills have greatly improved thanks to the great coaching he receives. This improvement led him to take his competition a step further.

"This year seems like I really exploded," Nate said. "I exploded a little in speed and I was hanging with the kids who were racing at a varsity level. I said, 'maybe I want to race varsity now?'"

Though only a sophomore, Nate petitioned to cross over to varsity, which is normally reserved for juniors and seniors.

In order to do so, he had to beat the three riders ranked above him in junior varsity. He quickly rose to the challenge and was allowed to switch to varsity.

However, his goals didn't end there. This year, Nate plans to take a step up in his competitive riding.

"I really enjoy it and I want to compete in the national championships this year," he said. "I want to go for a better spot and race

at expert level."

To reach this goal, it's going to take more than just practice, but strategy Nate says — something his father helps him with.

"Working ground combat, you're always doing reverse planning, and that's what Nate does before a race," Captain Byrom said. "All these skills they teach you in ground combat skills, he can use them to help him win."

For Nate and his dad, it's not all competition and winning, it's also about having fun and providing healthy opportunities.

"I like seeing how far I can push myself," Nate said. "You have to enjoy pain, it's kind of weird."

"There's a huge camaraderie with it, I probably wouldn't even know Nate if it wasn't for riding," said Nate's friend and teammate Greg Hermansen.

"Not just him, but everyone on their team, they're going to be great citizens for what they're doing," the captain said. "They're good kids. They're learning good sportsmanship from what they do. They learn how to be good teammates and how to support each other. It's not easy when you finish a 20 miles race to turn around and help cheer in one of your buddies, but they do it."

Look for this rising athlete as he continues to gain speed and recognition in the world of competitive mountain biking.



Nate Byrom, a Nevada Union High School Miners varsity team member, rides to the finish at the Central coast invitational at Fort Ord on March 4.
(Courtesy photo)

9th OSS captain wins ACC award

By Airman 1st Class
George Cloutier
9th RW Public Affairs

A captain with the 9th Operations Support Squadron was recently awarded the title of Air Combat Command Airfield Operations Officer of the Year.

Capt. Monty Harshner, 9th OSS Airfield Operations Flight commander, received the Col. Derrel L. Dempsey Officer of the Year award for his outstanding management of Beale's airfield operations program.

"It's a great honor, it's very humbling," Captain Harshner said.

Captain Harshner credits the award to his team's hard work and dedication

to the mission.

"This award is really a reflection of the people around me and the 51 members of my flight," the captain said. "I've got the right people. I've got an awesome team. Everyone is focused on the mission."

The readiness of the Airfield Operations Flight was highlighted during a recent ACC inspection, in which Airfield Management excelled and Air Traffic Control received zero discrepancies. Captain Harshner said he believes this recent achievement and his flight's dedication to airfield operations safety greatly contributed to his award.

"There's a commitment to safety, there's a commitment to being smart

and logical out there, and there's a commitment to mitigate risks," the captain said.

Captain Harshner said one of such risks is the continuing construction taking place on the flightline, which he and his flight are working very hard to help manage. Another area his team is handling is the continuing development of the Global Hawk program.

"The way we have integrated the Global Hawk has been a challenge, because a lot of coordination has to occur," Captain Harshner said. "We've been fortunate to have great controllers and airfield management experts with creative ideas that have allowed us to work around these problems."

By continuing to promote Air Field Operations safety during a time of turbulent developments and by giving full support to his team, Captain Harshner has made a large impact on Team Beale's ability to continue supporting the Global War on Terror.

"Captain Harshner is an exceptional officer and leader," said Lt. Col. Mitch Berger, 9th OSS commander. "He and his Airfield Operations team make a significant on Beale and forward operating location flying operations."

"My goal has always been to make a better place to work and a safer place to fly," he said. "By keeping that safe mindset, I do my part in contributing to the war effort."

www.airforceonesource.com

'Spring-for-SIDS' April 20

By Airman 1st Class
Robert Biermann
9th RW Public Affairs

The 13th Intelligence Squadron is the local sponsor of Spring-for-SIDS Day. This is a SIDS, or Sudden Infant Death, awareness and Fundraising event to benefit The American SIDS Institute.

"We are proud to be a part of this nation-wide event," said Senior Airman Amber Gilbert, 13th Intelligence Squadron technical reporter program manager.

Spring-for-SIDS Day will be held April 20. Members of the 13th IS will be selling a SIDS information card, special certificate and decorative sticker for \$5. This is a great way to educate people about SIDS and raise funds for research, according to Airman Gilbert.

SIDS is a mysterious baby killer that takes the lives of between 2,000 and 3,000 infants each year in the United States. It is the number one cause of death in infants between one month and one year of age. SIDS is sudden and unexpected and even after an autopsy no cause of death is found. In a typical situation, parents go to check on their infant,

they think is sleeping, only to find their baby dead.

"Spring-for-SIDS Day is especially important and meaningful to us in the 13th," Airman Gilbert said. "I lost a baby to SIDS in January of 2007."

Airman Gilbert and her husband, Clint, were enjoying their 3-month-old baby girl, Kelsey. Kelsey had recently started giving her dad the biggest smile when he walked into her room -- a smile that he said melted his heart. One evening the two noticed that Kelsey was taking a longer than usual afternoon nap.

Amber went in to check on her.

"I remember hearing this terrifying scream, and then I realized that it was coming from my own mouth" Airman Gilbert said. "Kelsey was lying in her crib lifeless."

Clint was immediately by Kelsey's side.

"I knew instantly, by the way she looked and didn't respond to CPR, that our baby girl was dead," Airman Gilbert said. "Her life, as we knew it, was over."

Amber recounted a harrowing story, "I went with the paramedics to the hospital where Kelsey was given 20 minutes of life resuscitation tech-

niques, but in the end she was pronounced dead."

"Dead, how could our little girl, so healthy and full of life, be dead?" she thought. "It just couldn't be possible."

Airman Gilbert explained how she immediately felt that she was responsible.

"I must have done something wrong, or missed something," Airman Gilbert said. "She was so little, so dependent on me. I was her mother."

Every day, parents all over the world experience this heartbreak. Dr. Betty McEntire, with the American SIDS Institute has worked with SIDS since 1976.

"We have seen a tremendous decline in the incidence of SIDS since I began," Dr. McEntire said. "However, we still cannot tell parents why their infant died. They are left with no closure."

The exact cause of SIDS is unknown, and there is no way to guarantee an infant will not die. Fortunately, there are proven ways to reduce the risk of an infant dying of SIDS, according to Dr. McEntire.

"Don't smoke during pregnancy and don't let anyone smoke around



your baby," Dr. McEntire said. "Parents should always place their baby to sleep on his or her back in a bare crib and keep the crib close to the their bed. Instead of using covers, put enough clothing on the baby to keep him or her warm enough, but not too warm."

For more information, visit the SIDS Web site at www.sids.org or call Senior Airman Amber Gilbert at 634-8681 or e-mail at amber.gilbert@beale.af.mil.

Planning a vacation? Need to get away?
Visit <http://www.afvclub.com>

Roll Call No. 9: Ancillary Training

By Air Force leadership

The Air Force thinks Airmen need to spend less time on non-job related training

Anti-terrorism awareness training; information assurance awareness training; law of armed conflict training; self aid and buddy care training; records management training; DOD homosexual policy training; sexual assault prevention training; suicide awareness training...and that's just the short list.

These are all examples of "ancillary training." Ancillary training is defined as training outside an Airman's specialty or primary duties, but necessary to ensure mission success. Requirements for ancillary training come when the Air Force, the DOD, other federal agencies, or even lawmakers decide that military members must be informed or trained on certain subjects on a reoccurring basis. Because Airmen's time is a valuable commodity that must be budgeted, managed and protected, the Air Force is taking a hard look at the frequency, duration and delivery methods of ancillary training.

Ancillary training requirements affect Airmen across the Total Force. On the active duty side, some Airmen spend disproportionate amounts of their time completing ancillary training instead of performing their Air Force job. Within the Air National Guard and Air Force Reserve, Airmen who often serve just a few days a month sometimes find they need to spend an entire training weekend completing ancillary training requirements instead of doing more relevant job-related training.

Ancillary training is important; every training requirement started as a way to keep

Airmen safe and informed. However, some of the training may no longer be relevant. In others, the requirement may still be relevant or legally required, but we can streamline the way we deliver the training.

Recently, leaders from around the Air Force met at Randolph AFB for a "rapid improvement event" about ancillary training. An RIE is an "Air Force Smart Ops 21" meeting where people get together, write out the way something is done, discuss what's wrong with it, and then make it shorter, cleaner, faster, more efficient, and less expensive.

Air Force leaders now believe they can reduce ancillary training requirements anywhere from 30 to 50 percent. They will do this by eliminating training that is no longer relevant, redesigning needed training so that it takes less time but delivers the same impact, and changing the requirements for some training so that it is delivered only as needed. MAJCOMs and wings will also be asked to revalidate their ancillary training and mirror the new streamlined review process being implemented at the Air Force level. Also, the Air Force will look at ways to centralize responsibility for tracking training requirements.

Instead of individuals at flight or squadron level tracking compliance as part of an extra duty, someone at group or wing level might do the job.

Air Force leaders know ancillary training takes up a lot of your time, and they are working to fix things so you can get away from the classroom or computer, and get back to the Air Force Mission.

Roll Call No. 10: Officer reduction

By Air Force leadership

Shaping our Air Force and ensuring we have the right mix of skills sets will result in approximately 40,000 active-duty Airmen separating from the service in order to meet our lower authorized end-strength.

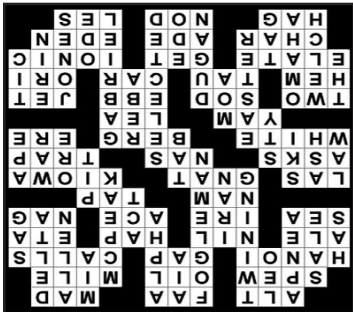
The process for separating these Airmen is very methodical and detailed, and it's being handled this way because Air Force leaders want to make sure the Air Force maintains its combat capability as numbers of people in some Air Force Specialty Code are reduced.

The most recent step in this process involves an officer Reduction in Force Board.

This RIF is limited by law that states the number of people separated cannot be more than 30 percent of the number of eligible officers. Brig. Gen. K.C. McClain, Director of Force Management Policy for the Air Force at the Pentagon, said, "For the RIF, because we are trying to do force shaping very, very carefully, we are allowed to do that by Air Force Specialty Code and by year group, limited to 30 percent. If the sustainment line is lower than 30 percent, we will take that lower number." The officer RIF will affect officers in the 1995, 1996, 2000 and 2001 year groups.

The Air Force prefers force shaping to happen through voluntary separation rather than by involuntary means. That's why Air Force leaders extended the voluntary separation pay application period for officers, and are making it as easy as possible for officers to volunteer to separate.

Force shaping and involuntary separations are never easy decisions for Air Force leaders. But as Lt. Gen. Roger Brady, Deputy Chief of Staff for Manpower and Personnel, once said, "It's important to keep in mind what force shaping is all about: the present and future state of the Air Force. We have to balance our (force) for now and in the coming years to have the kind of force we need to win the long war we are in now, and be prepared for whatever comes next."



March 30 Puzzle Solution

March Article 15s

The following enlisted personnel were given Article 15's during March:

A 9th Aircraft Maintenance Squadron senior airman received a reduction to airman basic and a reprimand for violating Article 112a -- Wrongful Use of Ecstasy.

A 9th AMXS airman first class received a reduction to airman and a reprimand for violating Article 92 -- Failure to Obey Order or Regulation/Dereliction of Duties: Used a cellular telephone on the flightline.

A 9th Maintenance Squadron airman first class received a suspended reduction to airman, forfeiture of \$200 pay per month for two months and a reprimand for violating Article 92 -- Failure to Obey Order or Regulation: Wrongful use of gov-

ernment travel card.

A 9th Medical Support Squadron senior airman received a reduction to airman first class and a reprimand for violating Article 92 -- Failure to Obey Order or Regulation: Wrongful use of government travel card.

A 9th Munitions Squadron senior airman received a reduction to the grade of airman basic and reprimand for violating Article 112a -- Wrongful Use of Ecstasy.

A 9th Security Forces Squadron airman first class received a suspended reduction to airman, forfeiture of \$500 pay per month for two months and a reprimand for violating Article 134 -- Disorderly Conduct, Drunkenness.

A 1st Reconnaissance Squadron

senior airman received a reduction to airman first class, forfeiture of \$250 pay per month for two months and a reprimand for violating two specifications of Article 107 -- False Official Statements: Signed False Official Record and lied to Commander.

A 13th Intelligence Squadron airman first class received restriction to the limits of Beale Air Force Base for seven days, 11 extra duty days and a reprimand for violating Article 92 -- Failure to Obey Order or Regulation/Dereliction of Duties: Failed to maintain dorm room within standards.

A 13th IS staff sergeant received a suspended reduction to senior airman, a forfeiture of \$200 pay per month for two months and a reprimand for violating two specifications of Article 123 -- Forgery: created a false DOD form and drafted and signed a false memorandum.

mand for violating two specifications of Article 123 -- Forgery: created a false DOD form and drafted and signed a false memorandum.

Commanders may suspend all or part of a punishment for up to six months. If the member fails to meet a condition of the suspension, the commander can remove the suspension and impose the punishment. For example, a member is given a suspended reduction to airman on Dec. 1, 2006. On Jan. 1, 2006, that same member fails to meet a condition of the suspension. The commander can impose the punishment that was suspended and the member is then reduced to airman effective Dec. 1, 2006, the date of the original action. This action is called "vacating" the suspension.

*Integrity first, Service before self,
Excellence in all you do*

Beale AFB Chapel Programs
Helping You to Stay Spiritually Fit!

Protestant
Sunday

0900 Foothills Chapel Praise Service with Nursery
1030 Sunday School at Lone Tree Elementary ages 3 to Adult
1100 Valley Chapel Gospel Service with Nursery

Tuesday

1800 at Foothills Chapel AWANA - Cubbies to T&T with Nursery

Wednesday

0900 at Valley Chapel PWOC (Protestant Women of the Chapel)
with Nursery
1900 at Valley Chapel Bible Study with Nursery

Friday

Monthly Officer Christian Fellowship – POC Capt
Stremmel 634-3897
Protestant Youth, Puppet Ministry, Protestant Men – POC Ch
Olson 634-4701

Catholic
Sunday

0900 Religious Education at Lone Tree Elementary preschool to
12 yrs
1030 Foothills Chapel Mass
1700 Foothills Chapel Mass RCIA, Catholic Youth, Catholic
Women/Men, Bible study, Baptisms – POC Leila at 634-4707

Daily

1130 Foothills Chapel Mass except Thursday

Islamic
Friday

1300 Valley Chapel Islamic Prayers – POC Ed Helalian at 634-3834

Pagan
Saturday

1400 Valley Chapel discussion group – POC George Cloutier
634-8887

*Question may be directed to the Chapel Staff at 634-4701 or 634-4705
Valley Chapel is at 6199 C Street on the main base near the Bowling
Alley*

Foothills Chapel is at 15001 Camp Beale Highway in the housing area

“Glorifying God – Honoring Airmen – Serving All”

Beale Bijou

634-2521



Friday evening Children of Men (R)

Julianne Moore, Clive Owens

A futuristic society faces extinction when no children are born and the human race has lost the ability to reproduce. England has descended into chaos, until an iron-handed warden is brought in to institute martial law. The warden's ability to keep order is threatened when a woman finds that she is pregnant with what would be the first child born in 27 years.



Saturday evening Charlotte's Web (G)

Dakota Fanning, Oprah Winfrey

Fern is one of only two living beings who sees that Wilbur is a special animal as she raises him, the runt of the litter, into a terrific and radiant pig. As Wilbur moves into a new barn, he begins a second profound friendship with the most unlikely of creatures—a spider named Charlotte—and their bond inspires the animals around them to come together as a family. When the word gets out that Wilbur's days are numbered, it seems that only a miracle will save his life.



Wednesday evening Night at the Museum (PG)

Ben Stiller, Carla Gugino

Good-hearted dreamer Larry Daley accepts what appears to be a menial job as a graveyard-shift security guard at a museum of natural history. During Larry's watch, extraordinary things begin to occur: Mayans, Roman Gladiators, and cowboys emerge from their diorama to wage epic battles. Amidst the chaos, the only person Larry can turn to for advice is a wax figure of President Teddy Roosevelt, who helps our hero harness the bedlam, stop a nefarious plot, and save the museum.



Going the distance

Erick Nelson, a military dependant, competes in the running long jump during the first Beale track and field meet of the season March 17 at Geweke field in Yuba City. (Photo by Leanne Nelson)

**Movies are shown at
the Community Center.
Evening movies play at 6 p.m.
The cost is free.
For more information,
call 634-3165.**

Frozen Food Month provides own March Madness for commissaries

By Rick Brink
DeCa

FORT LEE, Va. - March Madness means more than basketball in the Defense Commissary Agency. It's a full court press on frozen food sales, merchandising and creating in-store excitement for commissary shoppers looking for quality, convenient food that fits their busy lifestyles.

"Convenience, quality, great prices, variety and a good mix of health-related and organic products are what customers find when they shop the frozen foods section today. With March being Frozen Food Month our commissaries are featuring a parade of weekly and bi-weekly promotions making it a great time for customers to buy frozen," said Tom Milks, DeCA's director of sales.

In addition to the great prices, customers can't help but notice the all-out frozen food merchandising efforts including product demos and giveaways as commissaries participate in an annual frozen food merchandising competition. It's no accident that March is DeCA's highest sales volume month for frozen foods, said LaRue Smith, DeCA's frozen foods buyer.

So what do customers like? Out of 24 frozen food categories the frozen dinner and entrée category is the top-selling category followed by pizza, seafood, processed frozen poultry like chicken wings or battered chicken strips and ice cream and sherbet. While these five categories account for about half of frozen food sales, commissaries offer a wide variety of frozen food items to meet customer demand, Smith said.

"We offer an incredible variety of items - frozen vegetables, heat-and-eat snacks, desserts, juices ... the list just goes on and on - and their big attraction with customers, besides great taste and our low prices, is that they require little to no preparation time. You just take it out of the package and follow instructions - cook or heat-and-eat or simply thaw it to enjoy," Smith said.

An "on-the-go" food is a term DeCA's dietitian, Maj. Karen Fauber, uses when she describes how frozen foods help her prepare meals to fit a particularly busy week working and shuttling teenagers around.

"I buy the packs of frozen pre-cooked chicken and use them for late-night dinners. Just thaw them in the microwave, mix with cooked rice, noodles or beans and frozen vegetables, add Italian or ranch salad dressing, heat and eat. If there are no noodles or pasta available, then I heat the meat, vegetables and beans and throw it into pitas or a tortilla for a quick wrap. We also make these as sandwiches for on-the-go nights. And, I will add an apple or a banana to complete this healthy meal with less calories and more nutrients than fast food," Fauber said.

Fauber said March is a great time to highlight the benefits of frozen food.

It's a time when increased daylight hours draw people to outdoor activities, increasing their desire for food that's convenient as well as healthy.

And for those gathered around a television watching the NCAA Basketball Tourney, the frozen food section has plenty to make the games more enjoyable, regardless of whose team wins during March Madness.

AAFES, Energy Star partner to increase family buying power

DALLAS - Troops looking to stretch their energy dollars further need look no further than their nearest Post or Base Exchange.

As Energy Star's newest partner, the Army and Air Force Exchange Service is focusing efforts on promoting the energy and climate-saving benefits associated with Energy Star products to help military shoppers save money while protecting the environment for future generations.

A joint program of the Environmental Protection Agency and the Department of Energy, Energy Star will help AAFES communicate the benefits of energy saving products to more than 11.5 million authorized exchange shoppers.

"Between the Base Exchange and Post Exchange, Exchange Catalog and Exchange Online Store, the Army and Air Force Exchange Service literally carries hundreds of Energy Star qualified major appliances and electronics," said AAFES Chief of Communications Lt. Col. Dean Thurmond. "In fact, right now more than 30 Energy Star qualified washers, dryers, refrigerators and DVD players are just a few clicks away at <http://www.aafes.com>."

The EPA introduced the Energy Star label in 1992 to recognize energy efficient computers.

Since then, the label has grown to identify efficient products across more than 35 product categories.

Last year alone, with the help of Energy Star, Americans saved the energy required to power 15 million homes and reduced air pollution equivalent to taking 14 million cars off the road -- all this while saving \$7 billion on energy bills.

"As an Energy Star partner, the AAFES team will now be more knowledgeable and better prepared to help exchange shoppers purchase energy efficient products that are not only good for the environment, but also their wallet," said Thurmond.



TRICARE Covers HPV Vaccine

By CiCi Cea
TriWest Healthcare Alliance

Human papillomavirus (HPV) infection is a concern for girls and young women because it can lead to cervical cancer. A preventive vaccine is available, and that vaccine is now a TRICARE-covered benefit.

About the HPV Vaccine:

The United States Food and Drug Administration approved the HPV vaccine for females nine to 26 years of age to prevent cervical cancer caused by HPV. The Centers for Disease Control and Prevention recommends a three-dose schedule for the HPV vaccine with the second and third doses administered two and six months after the first dose. Routine vaccination for girls 11 to 12 years old is also recommended.

Because the vaccine is new, it may not be available everywhere. Also, the new vaccine does not protect against every type of HPV infection and can't prevent all cervical cancers. It is still vitally important to get regular gynecological exams and pap smears.

HPV and Cervical Cancer:

The CDC reported that in 2006, approximately 9,700 cases of cervical cancer were diagnosed in the United States, and approximately 3,700 women died from the disease.

Cervical infection with HPV is the main risk for cervical cancer, as HPV can cause changes in the cervix. In fact, nearly all cervical cancer cases are associated with an HPV infection.

TRICARE West Region beneficiaries interested in obtaining the HPV vaccine should contact their physician to find out if they administer the vaccine. Beneficiaries should visit TriWest online at www.triwest.com with questions regarding their TRICARE benefits, or contact TriWest Healthcare Alliance at 1-888-TRIWEST (874-9378).

2007 Beale Bok Kai volunteers

Dragon carriers

Airmen

Maria Schoenecker
William Gill
Jon Criss

Airmen first class

Paul Wright
Charlie Lorenzo
Terrance Greenwood
Dustin Babcock
Jeremy Cole
Tiffany Reedy
Krystal Wright
Meagan Drexler
Elizabeth Ramos

Senior airmen

Richard Mathews
Deogracias Manosca
Ryan Warters
David Foil
Seth Reynolds
Bryan Eck
Jesse Bernard
Heidi Williams
Stephen Ciotti

Annette Johnson
Justin Baker
Phillip Brashier
Holly Daane
Brenda Gray
Dustin Burgin
Peter Deasis
Andrew Orton
Peter Salmeri
Alec Giles
Brian Rookaird
Brycen Shumway

Staff sergeants

Rodel Sy
Kathleen Oxner
Jeremiah Lybolt
Ulises Alfaro
Lester Morales
Anthony Lemos
Kyle Nations
Christina Price
Runald Renoblas
Jungu Shin

Technical sergeants

Dino Magbitang
Leon Southard

David Brutski
Adriana Welsh
Andrew Buller
Fernando Recabar
Christopher Nugent
Lisa Bledsoe
Allen Perez
Joseph Cook

Master sergeants

MSgt Frank Jorgensen
MSgt James Holman

Civilians

Linda Siegle
Paul Siegle
Matt Siegle
Jennifer Siegle
Kyle Montgomery
Kim Jorgensen

Security

Senior airmen

Dexter Timbol
Thomas Thompson
Michael Bahr
Adam Holmes

www.afcrossroads.com

Beale supports Bok Kai parade

By Airman 1st Class
George Cloutier
9th RW Public Affairs

Team Beale Airmen and families came in support one of Beale's closest communities during the 127th annual Bok Kai festival, which took place in the historic Marysville Chinese community Saturday.

The festival, one of the oldest of its kind in California, honors the ancient Chinese water god, Bok Eye, and pays tribute to Marysville's historic Chinese community. For more than two decades, Team Beale members have played a crucial part in the ceremony by carrying the huge dragon, which serves as the center of the festival.

"We had a great turnout from the base, as 65 people volunteered to either carry the dragon or provide security," said Master Sgt. James Holman, 9th Civil Engineer Squadron Pavement and Grounds Flight superintendent and Beale POC for the 2007 Bok Kai festival. "The Airman Leadership School class was a life saver and enthusiastically stepped up to provide volunteers."

The huge golden dragon, known as Lung Huang, is 150 feet long and re-

quires 35 people to operate. Beale volunteers have to spend an average of two hours practicing before they take Lung Huang out in front of the community.

Operating the dragon is hard work, however it's time well spent, Sergeant Holman said.

"Everyone was excited as we entered the parade," Sergeant Holman said. "It was a fun time dodging firecrackers while running under the dragon. I'm sure everyone got in a great workout for the day."

According to Sergeant Holman, the event was a great way for Beale and its surrounding communities to show each other mutual support.

"It seems every awards banquet that I attend the community is donating something," he said. "This is a small way to show our support to the community. I'm looking forward to doing this again next year."

"Without Team Beale, this festival would not be able to go on," said Janice Nall, Beale Top Seven member and President of the Sahm-Fow Chinese community. "Team Beale not only provides volunteers for the event, but it is the heart and soul of the dragon."



(Above) Col. Stephen Sheehy, 9th Maintenance Group commander, and Chief Master Sgt. Michael Morey, 9th Reconnaissance Wing command chief, greet Bok Kai parade spectators.

(Right) Col. John Borland, 9th Mission Support Group commander, daughter, Hannah, and son, Michael, walk on during the Marysville Bok Kai parade Saturday.

(Far right) Three Beale Airmen carry the weight of the Bok Kai dragon. (Photos by Senior Airman Christine Collier)



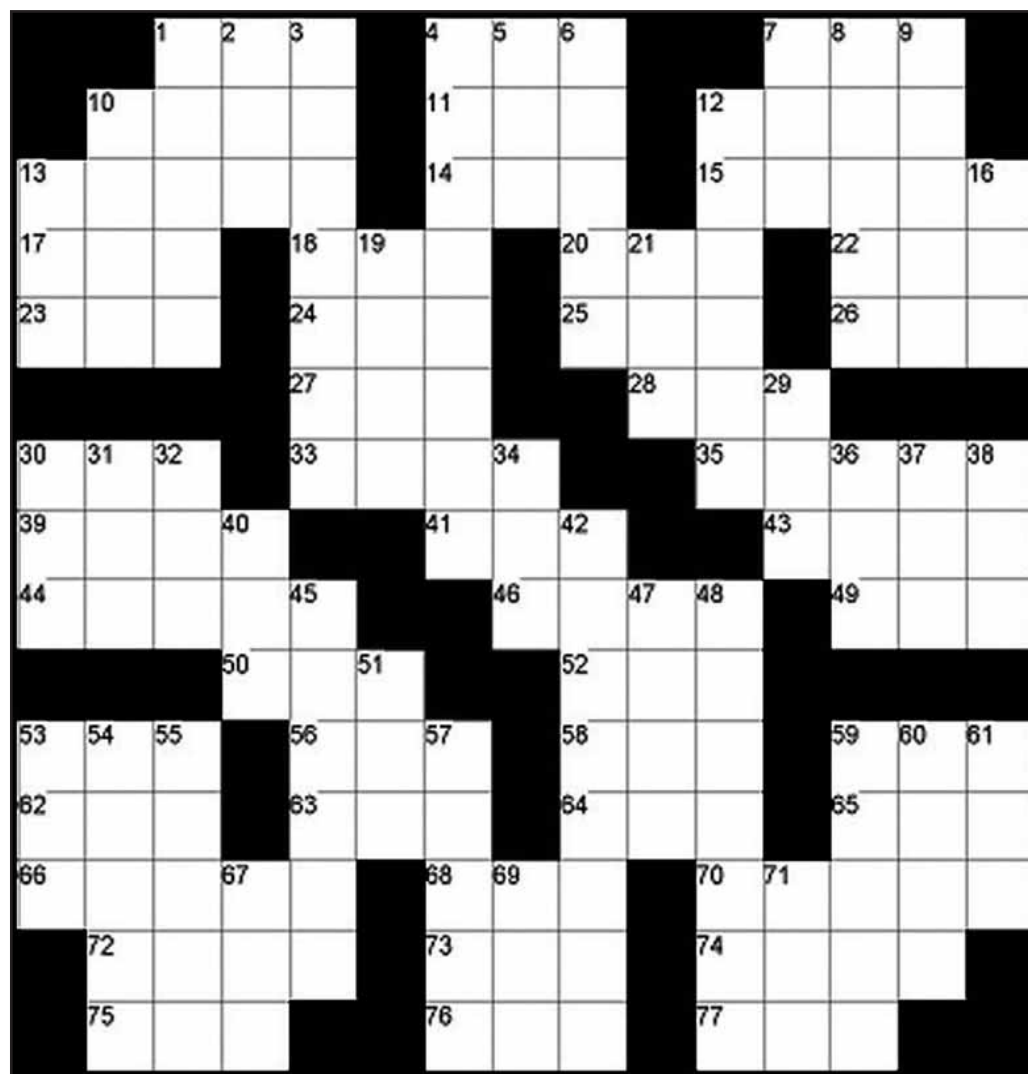


(Far left) Over 60 Beale volunteers assisted in holding the Bok Kai dragon, Lung Huang, during Marysville's annual Bok Kai festival Saturday.

(Left) The Beale Honor Guard marches during the Bok Kai parade.

(Below) Col. Teresa Fitzpatrick, 548th Intelligence Group commander, hands out candy during the Bok Kai parade. (Photos by Senior Airman Christine Collier)





CSAFs, Vol. 2

By Capt.
Tony Wickman
71st Flying Training
Wing Public Affairs

ACROSS

1. Actress/model Carol
4. Federal org. concerned with flight standards
7. Crazy
10. Belch
11. Engine need
12. 5,280 feet make one
13. Capital of 27
14. Breach
15. Telephones
17. Pub order
18. Zero
20. Gen. Henry "___" Arnold; General of the Air Force
22. Greek letter
23. Red or Dead
24. Anger
25. Pilot with 5+ kills
26. Nitpicker
27. Inform name for SE country
28. Spigot
30. ___ Vegas
33. Small pest
35. OH-58 helicopter
39. Queries
41. USN equivalent to

DOWN

1. Sleep disorder
2. Zodiac sign
3. CSAF from June 30, 1953 - June 30, 1957
4. CSAF from October 26, 1994 - September 1, 1997
5. USAF intel org.
6. Greek letter
7. Duty status, perhaps
8. CSAF from July 1, 1978 - June 30, 1982
9. Greek letter
10. Store extravaganza
12. CSAF from October 30, 1990 - October 25, 1994
13. Owns
16. Droop
19. Middle East country
21. Perform
29. Hole
30. Cannon
31. Burn residue
32. Alpine or cross-country
34. Bar bill
36. Mining goal
37. Battle
38. Mock
40. Pig pen
42. Chose
45. Spring religious holiday for some
47. Singer McIntyre
48. CSAF from July 1, 1982 - June 30, 1986
51. Flightless bird
53. Article
54. CSAF from July 1, 1986 - June 30, 1990
55. Normandy beach
57. CSAF from July 1 - September 17, 1990
59. CSAF from July 1, 1974 - June 20, 1978
60. ___ Brochovich
61. ___-tac-toe
67. Children's game
69. Tokyo once
71. Lyrical poem

BAADD 634-5555

Jenny:

Jenny follows the adventures of a young Air Force spouse determined to overcome the challenges of a military lifestyle. Drawn from the real lives of both contributors and the cartoonist, Jenny's experiences reflect the humor, ingenuity, and sheer determination necessary to be successful as the spouse of an active duty military member. For more Jenny comics, visit <http://www.jennyspouse.com>.

Day Care Woes, pt. 2

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Community Briefs

BAADD volunteers needed

Want to save a life? Beale Airmen Against Drunk Driving is in need of volunteers.

To volunteer or for more information, call 634-5555 or 634-5700.

AAFES check cashing

The Beale AAFES check cashing policy in the main exchange is below:

- * Checks can be written for \$20 over a purchase at the front register.

- * Checks can be written for \$300 at Customer Service.

- * Debit cards are accepted at the front register with a cash back option up to \$100.

For more information, call 788-0221.

Homebuyer Seminar

Sierra Central Credit Union will be holding a free First Time Homebuyer Seminar April 10 from 6:30 to 8 p.m. at the Roseville Branch on 306 North Sunrise Ave.

To register for this free seminar or receive more information, call the Roseville branch at (916) 786-6399.

Material management training

Material Management conducts regular monthly and quarterly training. To schedule training, call the following personnel: Block IA, IIA, IIB - Jim Tarble at 634-9181 or Felicia Lewis at 634-2453, Block III - Mike Garcia at 634-4661 or Robert Griffin at 634-9496, Cargo Build-up - Arnold Sabado at 634-5832 or Herbert Respicio at 634-5832 and Hazardous Cargo - Gary Manes at 634-9176.

For more information or questions, call the customer service office at 634-4661, 634-9496 or 634-2453.

Beale blood drive

The next Beale blood drive is scheduled for May 15.

For more information, call Staff Sgt. Matthew Manning at 634-8435 or Staff Sgt. Heather Randolph at 634-2364.

Beale Thrift Shop

The Beale Thrift Shop will be closed the first week of April due to spring break. Normal hours will resume April 10.

Hours of operation are 9:30 a.m.

to 1:30 p.m. Tuesdays and Thursdays. Consignments are accepted until 12:30 p.m.

Please call ahead if donating large items. Proceeds from sales go to the Beale Officers' Spouses' Club's charitable fund used for scholarships and community donations.

The shop is located in the Omni parking lot across from the commissary. For more information, call 788-1892.

Personal property office hours

The TMO Personal Property Element operates on an appointment basis to provide better service.

For inbound shipments, the Personal Property Element does not have authority to arrange for delivery; Travis AFB is the designated shipping office, which will soon change to JPPSO Colorado Springs. For assistance please call and speak with one of the counselors.

For outbound household goods needs and local moves (between base housing and downtown or base housing to base housing), call 634-2932 or 634-2936 to set up an appointment with a counselor.

To expedite an appointment, download and complete the pre-appointment worksheet found at <https://wwwmil.beale.af.mil/9SDS/Admin/Personal%20Property.htm>.

All paperwork will be completed during the appointment to eliminate multiple trips and forwarded to the designated shipping office to set up the packing date.

Appointments will be set up between 8:30 to 11 a.m. and 1:30 to 3 p.m. Monday through Friday.

The office will be closed from 11:30 a.m. to 12:30 p.m. Walk-in hours will be 7:30 to 8:30 a.m. Mondays, Tuesdays, and Fridays and 3:30 to 4:30 p.m. Monday through Friday.

For more information or questions, call the counselors at 634-2932 or 634-2936, or the Flight Chief at 634-5134.

Saturday ID Card hours

The 9th Support Division's Customer Service office will be open April 7, May 5, June 2, July 14, Aug. 4, Sept. 8, Oct. 13, Nov. 2 and Dec. 1 to provide ID card and DEERS update services. Hours of operation will be 9 a.m. to 12 p.m. No appointment is necessary.

The Administrative Support Flight's Customer Service counter is located in the Consolidated Support Center, Building 25216, Room 110. Normal business hours are 7:30 a.m. to 4:30 p.m., Monday, Tuesday and Friday and 8:30 a.m. to 4:30 p.m., Wednesday and Thursday, except for holidays.

For more information, call Customer Service at 634-3187.

CAC Appointments

Individuals needing a new Common Access Card may call in advance to schedule an appointment. Two DEERS machines are currently in use in Customer Service but only one will be dedicated to appointments.

The CAC appointment machine will be for CAC production only when an appointment customer is waiting, but will also be used for walk-ins if there are no scheduled appointments.

CAC appointments may be made by calling 634-3187.

Appointments will be available in 30-minute increments between 8:30 a.m. and 3:30 p.m. daily.

Airmen's Attic hours

The Airmen's Attic is currently closed and will re-open April 11.

Please do not drop off donations without calling ahead.

For more information or questions, call the attic at 634-5640 or after hours at 788-2993.

ERAU openings

The Embry-Riddle Aeronautical University Beale Campus is currently seeking applicants for computer instructors. Qualified applicants must have a master's degree in one of the following areas: Computer Science, Management Information Systems or Business Information Systems. Applicants must provide documented experience in the field such as performance appraisals, job descriptions, teaching computer courses, etc. Other degrees in the teaching discipline are Management or Business Administration with documented experience in the field. For more information, e-mail Bill Teeple at teepl44e@erau.edu.

Volunteer award

The Volunteer of the Quarter award has been established to recog-

nize Beale personnel for their volunteer service and enhance their visibility throughout the base.

The Volunteer of the Quarter award is awarded in four different categories: military, DoD civilian, community and youth volunteer.

All military, federal civilians, family members and retirees are eligible for this award. Awards should be submitted on an Air Force Form 1206, Nomination for Award, in an original and four copies.

Nominations should be limited to five to 10 bullet statements highlighting the volunteer's most significant accomplishments within the January to March 2007 quarter.

All submissions are due to the Airman and Family Readiness Center by Thursday.

For more information, call Elizabeth Kim at 634-2863.

Pre-separation brief

Twelve months prior to separating or 24 months before retiring from the military, all military members can receive pre-separation counseling.

The counseling must be completed no later than 90 days prior to the separation or retirement date.

Once pre-separation counseling is complete, individuals can sign-up for additional transition classes. Pre-separation classes are held Wednesdays from 9 to 10:30 a.m.

To register, call 634-2863.

Wingman Training

Wingman training is scheduled for April 10 at 8 a.m. in the Airmen and Family Readiness Center.

Learn to be an outstanding wingman to a Team Beale member on their return from a deployment.

To register, call 634-2863.

Investment class

"It's Your Move a Game Plan for Investing" is scheduled for April 12 from 5 p.m. to 8 p.m.

The program includes concepts such as understanding the investment world, to include risk tolerance, liquidity, marketability, etc.

To register, call 634-2863.

Earth week events

In celebration of Earth Week 2007, the following activities have been scheduled:

BRIEFS from page 16

* An Earth Day celebration is scheduled for April 16 from 10 a.m. to 2 p.m. An Earth Day booth manned by Environmental personnel will be located at the Base Exchange entrance.

Environmental souvenirs will be given away along with other educational information.

* An Arbor Day celebration is scheduled for April 18 from noon to 2 p.m. The celebration will consist of a tree planting ceremony along Warren-Shingle Boulevard.

The celebration gives Beale members an opportunity to support the National Arbor Day Foundation's "Tree City USA" program and to encourage participation of the community in tree planting and maintenance.

The ceremony also includes a poster contest involving fifth graders from Far West School.

* A Vernal Pool tour is scheduled for April 19 from 12:30 to 3 p.m. The tour will be led by vernal pool experts Dr. Tom Griggs and Patrick Stone. The purpose of the tour is to teach individuals more about these wetlands, and the plants and animals that live on Beale. Please wear old clothing and shoes as it may be muddy.

Those interested in the tour should meet at the DUI parking lot at 12:30 p.m. The bus will return by 3 p.m. For more information or to register for the tour, call Chuck Carroll at 634-2738 or e-mail at charles.carroll@beale.af.mil or call Jamie Visinoni at 634-4451.

* A nature and bird walk is scheduled for April 21 from 9 to 11 a.m. in the 720 acre Riparian Restoration Area. Interested parties should meet near the kiosk and the gate in the Tree Bridges area near Dry Creek.

Pre-pay service

The Main Base Service Station on J Street and the Beale Capehart Shoppette has changed to pre-pay for gasoline purchases.

Customers will still be able to use all major credit cards, Star and Voyager cards.

Yuba College term IV classes

The following Yuba College classes will begin Thursday at the Beale Education Center: Occupational Work Experience, Micro Economics, Physical Geography, US History, Humanities, Critical Thinking, Personal and Social Adjustment, Lifespan Development, Introduction

to Spanish and Argumentation.

The Beale Yuba College Outreach site provides counseling, assessment, financial aid information and registration.

Military members must register at the Beale Education Center, regardless of where classes are located. Most of the classes available at the Beale outreach location fulfill general education requirements for CCAF degrees, Yuba College and most other colleges and universities.

Family members are welcome to use the services provided at the Yuba College Beale Outreach office.

Most family members qualify for a complete waiver of fees, and many also receive financial aid cash awards.

Active Duty personnel and their Family members are eligible for in-state tuition rates (currently only \$20 per credit).

For more information, call Susan Downing at 788-0973 or e-mail at sdowning@yccd.edu

OB Orientation

The next OB Orientation class will be held April 18 in the Beale Clinic conference room from 9 a.m. to 12 p.m.

For more information or to registration, call Roberta Trumm at 634-0626.

Air Force Reserve recruiter

Individuals who are separating from active duty service within the next six months must schedule an appointment with the Beale Air Force Reserve In-Service recruiter. Interested in early separation?

Ask about the Palace Chase Program. Walk-ins are limited and spouses and other important advocates are welcome to attend briefings.

For more information, call Master Sgt. Roger Haynes at 634-3120 or visit the office located next to Civilian Personnel at the MPF in Room 178.

BBU classes

The 9th Maintenance Squadron Brown Bag University is offering an upcoming Social Science class.

The specific class is currently undetermined, but offers an opportunity to take Yuba Community College classes during lunch. Anyone interested in attending a Social Science class to fill CCAF requirements may contact Master Sgt. Ronald Loveland at 634-4211 or visit the 9th

MXS Programs Flight area in Building 1086, Room 190 to fill out a registration application.

As soon as 15 individuals commit to the class a specific class will be selected.

LIFT event scheduled

Beale Protestant Women of the Chapel will be hosting the first Ladies in Fellowship Together event March 31 at 6 p.m. at the Foothills Chapel.

For more information or to RSVP, call Jennifer McDonald at 788-7264 or Mia Whitley at 788-9079.

Beale Enlisted Spouse's Club

The Beale Enlisted Spouse's Club's Web site www.bealeenlisted-spouses.com is now up and running. The site is tailored not only toward BESC members, but also the Beale Community. Although the site is still developing, it will offer links and information in a convenient, easy to read format.

Check out the menu for Thursday Night Dining at the Club, view the PDF pub menu for ordering delivery, learn about different services and organizations on base, and check out the BESC Calendar to see all the base events for the day, week or month.

All base services and organizations, including home business owners may advertise for free on the web site. For more information, e-mail Lauren Cooper at laurencooper@bealeenlistedspouses.com or call at 301-7940.

Chapel positions

The Beale Chapel is hiring for the following positions: 9 a.m. Praise Service musician, 10:30 a.m. Catholic Mass musician and a 5 p.m. Catholic Mass musician.

For more information, call Staff Sgt. Brian Ramirez at 634-4701 or Tech. Sgt. Joseph Cook at 634-3597.

Yuba College job openings

Yuba College is currently seeking applicants for a communication studies instructor. Qualified applicants must possess a master's degree in one of the following disciplines: speech, speech communication, communication studies, speech broadcasting, telecommunications, rhetoric, communications, organizational communication or a bachelor's degree in one of these areas and a master's in drama/theater, mass communication, or English.

For more information, call Susan Downing at 788-0973 or e-mail her at sdowning@yccd.edu.

Women's bible study

A women's Protestant Bible study is being held on Wednesdays from 9 to 11 a.m. and at 7 p.m. at the Valley Chapel to study the book of Daniel with Beth Moore. Childcare and a home school supervisor are provided in the mornings.

For more information, call Pam Calvert at 788-9701 or Chaplain Linda Olson at 634-4701.

Vendor fair

The 9th Contracting Squadron will be hosting the 2007 Beale Vendor's Fair on May 23 from 9 a.m. to 2 p.m. at the Community Center. This forum allows local businesses who accept the Government Purchase Card to show Team Beale members what type of service or merchandise they offer.

For more information or questions, call Gloria Alexander at 634-2868 or e-mail her at gloria.alexander@beale.af.mil.

New Parent Support Program

Being a new parent offers new challenges and satisfactions.

The New Parent Support Program helps new parents overcome challenges by providing books, information, and resources to help through the first three years.

For more information, call Roberta Trumm at 634-0626.

Breastfeeding Class

A free breastfeeding class is held the second Tuesday of every month from 4 to 6 p.m.

The class teaches mothers the benefits of breastfeeding, tips on making breastfeeding successful and answers to many breastfeeding questions. Classes are taught by lactation consultant, Capt. Mary Severson.

For more information, call Roberta Trumm at 634-0626.

Friday night dining change

Friday night dining at the Recce Point Club has been moved from Friday to Thursday to avoid conflicting schedules with base events. The new Thursday Night Family Dining will be open from 5 to 7:30 p.m., with a fresh new menu featuring and introducing Dustin's mouth-watering BBQ ribs and beef brisket.

For more information, call the club at 634-4948.

Outrageously good time at March Madness quarterly event

The March Madness Party at the **Recce Point Club**, hosted by the 9th Medical Group was a huge success. Approximately 200 people participated to show off their team spirit. Col Teresa Fitzpatrick commander of the 548th IG took home the medal for the craziest team spirit and wore a Kansas Jayhawks outfit, complete with a Jayhawk hat.

The Club prepared a wide variety of delicious hors d'oeuvres. The Med group presented different contests, including a Texas Hold'em tournament. The winners received a Texas Hold'em handheld video game. There were drawings throughout the night giving several people opportunities to win gigantic gift baskets.



A kid's zone for toddlers was set up and included kid-friendly television, beanbag tossing and coloring projects. Everyone was engaged in some kind of activity and everyone had smiles on their faces. The person with the biggest grin was Misty Griffin. Her long-lost kidnapped stuffed rhino was returned and unharmed. It was missing since the Air Force Ball.

Beale Services' would like to thank the Medical Group for putting together such a fantastic event. Team Beale looks forward to the next group's quarterly event at the Recce Point Club. For more information contact the Club at **634-4948** or visit www.bealeservices.com.



Showing the most team spirit was Col Teresa Fitzpatrick, commander 548th IG.

Youth Center

SALSA DANCE INSTRUCTION
Begins April 2 - May 2 • 4:00 pm-5:00 pm
Participants will practice for 4 weeks with a final performance at the Base Cinco de Mayo celebration Ages 9-18 **FREE!**

AMERICAN RED CROSS Babysitting COURSE



April 3rd • 8:30 am-4:00 pm
Information and skills necessary to provide safe and responsible care for children Ages 11-15
 \$25 Fee, add \$10 for Child/Infant CPR.
Pre registration required.

Tennis Classes

April 9, 16, 23, 30, May 7, 14, 21 & 28
 Ages 7-11 • 4:30 pm / Ages 12-18 • 5:30 pm
Beginner and Advanced Beginner classes will be held at the Tennis courts.
 \$15 per hour-long class. **Sign up by Apr 5th**



April 4 • 12:00-4:00 pm
Enjoy a holiday afternoon of lunch, rock wall, golf, and bowling. Ages 9-18
 \$10 members,
 \$15 non-members

YOUTH CENTER • 634-4953

GREAT OUTDOOR adventures!

ALL TRIPS AND TICKETS ARE OPEN TO MILITARY & DoD CIVILIANS

Jelly Belly Tour & Vacaville Shopping

April 3 / 8:00am-5:00pm • Sign Up Deadline: April 2
Open to all ages. Cost: \$12 Adults / \$5 children 12 and under
 A visit to the candy making factory in Fairfield is a sweet delight. Enjoy a guided 40-minute walking tour where you will witness a real working candy factory cooking up over 150 different sweet treats. Taste any of their candies and Jelly Belly beans at the Sampling Bar. An exhibition candy kitchen makes hand-dipped chocolates and seasonal sweets, all within view of visitors. After spending the morning at the Jelly Belly Factory we will head over to the Vacaville Shopping Center for the afternoon of shopping.

San Francisco Zoo/Exploratorium Trip

April 5 / 7:30am-8:00pm • Sign Up Deadline: April 2
Cost: \$29 ages 18 & up / \$24 ages 12-17 / \$16 ages 3-11
 Roundtrip transportation and tickets included!!
 Come join the OAC on a day of exploration as we take a trip to the Exploratorium where you can enjoy an experimental, hands-on museum designed to spark curiosity. Then take a trip to the San Francisco Zoo where you can see the exciting new additions: the recently expanded Children's Zoo, restored Carousel, the Education Center and Koret Animal Resource Center.

Bodega Bay/Armstrong Redwoods Trip

April 7 / 7:00am-9:30pm • Sign Up Deadline: April 4
Open to all ages. Cost: \$25 Adults / \$15 Children (17 and under)
 Come explore the beautiful Sonoma coastline and breathtaking redwood forests. This scenic drive will take you through the wine country and quaint towns before we make our way to the shoreline. The day will begin with a short hike through the Armstrong Redwood Reserve State Park. We'll continue on to Goat Rock Beach to stretch our legs on sandy beaches and have the option of a 3 mile hike along the coastal bluffs. Finally, we will make a couple stops at other points of interest along the North Coast on our way to the scenic fishing port town of Bodega Bay. Please pack a lunch, snacks and plenty of water. We will make a brief stop for dinner on the way home. This trip will go rain or shine!

> OAC BIKE BARN SPECIALS <

GET YOUR BIKE INTO TOP SHAPE FOR SPRING!

\$5⁰⁰ off Bicycle Tune-Ups* • Tune & True \$35⁰⁰
 Expanded resale area sticks bike helmets, flat tire repair kits, pumps, components and other essential accessories.

OUTDOOR ADVENTURE CENTER • 634-2054

All Nighter AUTO HOBBY CENTER

Quarterly Beginning

9 AM Sat, April 14th
Thru
5 PM Sun, April 15th



FREE PIZZA
After 10:00 pm

634-2296

CONTRAILS

April Fools Lunch

*Fried Shrimp (breaded),
 Ginger BBQ Chicken, Beef Manicotti*

Easter Lunch

**April 8th • Roast Turkey,
 Loin Strip Steak, BBQ Spareribs**

Mongolian BBQ

April 5th • Every 1st Thursday

Ethnic Meal Wednesday

Carry Out Sandwiches now available.

LIFEGUARDS NEEDED!

**for the
 Base
 Pool**



GS and NAF positions available

Great opportunity for High School
 and College Students

GS positions, call Civilian Personnel
 at 634-2255

NAF positions call HRO at 634-2241

Man on the Street - Rod and Gun Club

SrA Jenny Siladke

"I frequent the Harris Fitness Center, OAC, and Rod and Gun. They have excellent deals that keep me coming back for more. I'd like to see more skilled courses for different guns. I think it would be fun to learn how to shoot a bow and arrow too."



Mike Hooper

"I like to come to the Rod & Gun for the chili dogs. I'm a fisherman and was curious as to how the Rod & Gun got its name when it has nothing to do with fishing. I think it should be renamed to just 'the Gun Club.'"



Steve Moulis

I come to the Rod and Gun because I like the staff. I'd like for the Rod and Gun to allow rifle shooting and to offer silhouette shooting competitions.



SrA Justin Simpkins

"I go to the Auto Hobby, the Harris Fitness Center and the Rod & Gun. I was going monthly to the Rod & Gun but lately I've been going every week. I'd like to see a marksman competition and a swap meet there."



Richard Barnes

"I come to the Rod & Gun because of the great services and for the delicious steak sandwiches on Wednesdays and chili dogs on Fridays."



The 9th Services Squadron focuses on the **Rod & Gun** this month and had good response with the "Man on the Street" survey. SrA Jenny Siladke said she would like to see more skilled courses offered and or an archery class. It just so happens that the Pen Valley Lions Club has promised to donate a youth archery range. MSgt Mike Levingston from Security Force is an Olympic instructor and will be available by appointments.

Mike Hooper would like to know how the Rod & Gun got its name. "Years ago, the Rod portion was stronger than the gun." John Sellers, manager of Rod & Gun said. "We had a big organization called Members Bass Association MBAA, and used to have weekly fishing tournaments. We sold fishing tackle and fishing licenses. Most of the members of the MBAA were retired and relocated their association off base, and in doing that, depleted most of the Rod's business. The BX starting selling fishing bait and the Outdoor Adventure Center began selling the fishing licenses. I hope to bring back the Rod section in the near future. I'd like to offer live bait, tackle, and fishing excursions."

Steve Moulis said he would like to see a silhouette competition at the Rod & Gun. John Seller was receptive to the idea and would make the arrangements upon requests.

SrA Justin Simpkins would like to see a swap meet held at the Rod & Gun. Coming in June, the R & G will be having their 4th annual SWAP meet. Keep a lookout in the Stratosphere magazine for details that and other fantastic offerings at the R&G.

The Rod & Gun has almost 300 members in its club. They

offer a wide variety of activities, from pistol shooting, to skeet & trap leagues, to paintball parties. They have "cook your own steak night" on the 2nd Thursday of each month from 6-8 pm, **Chili Fridays** from 11 am-1 pm and **Steak Sandwiches** every Wednesday from 11 am-1 pm. The club offers programs including hunter safety, handgun safety, and instructions for skeet and trap shooting. They have a wide variety of ammunition and reloading supplies. Whether you're looking for supplies for your shotgun or need some accessories, the Rod & Gun is the place to shop. If you don't have a shotgun or pistol, the club carries a variety of them for checkout; skeet guns, trap guns, 9mm pistols, .22 rimfire pistols, .22 rimfire rifles, and paintball guns available.

Membership fees for active duty and retired military is \$36 a year and \$48 a year for the Department of Defense and Civilians. They are open Tuesday - Friday from 9 am-6 pm, Saturday - Sunday from 9 am-4 pm and closed on Mondays. Shooting fees for skeet and trap is \$3.50 per round for members and \$4.50 per round for non-members. Small arms range is \$3 per hour for members and \$5 an hour for non-members. The R & G has a fun paintball course; paintball runs from \$7.50 to \$15 depending on equipment, special prices for groups of 20 or more.

The Rod and Gun is one of Northern California's most exclusive shooting clubs today. It's safe, convenient and inexpensive. If you have not visited the club, stop by and check it out or call **788-2473** for more information.

KIDS 12 & UNDER

EASTER Egg Hunt

Saturday April 7 9:00 a.m.

Special eggs win prizes!

Free!

Community Center 634-3140

Tickets Now Available



SACRAMENTO KINGS

Tickets are \$44.50 each to all home games.

KINGS VS. UTAH JAZZ • 6 APR 7:00 pm

KINGS VS. NEW ORLEANS HORNETS • 16 APR 7:00 pm



GIANTS TICKETS

5 MAY vs. Philadelphia Phillies 12:55pm, Cost: \$27

• 8 SEP vs. LA Dodgers Time TBA, Cost: \$30



OAKLAND A'S

• 19 MAY Oakland A's vs. SF Giants, Cost: \$18

• 16 JUN Oakland A's vs. St. Louis, Cost: \$18

• 29 SEP Oakland A's vs. LA Angels, Cost: \$10

SLEEP TRAIN AMPHITHEATRE

1 MAY FALL OUT BOY, 6:00 pm, Cost \$25.75

19 MAY BRAD PAISLEY, 7:30 pm, Cost \$26.25

18 JUN GWEN STEFANI, 7:30 pm, Cost \$27.00

3 JUL KENNY CHESNEY, 7:00 pm, Cost \$41.75

22 SEP RASCAL FLATTS, time TBA, Cost \$36.24

Call the ITT office for more information on local concerts

OAC / ITT • 634-4882

Easter BRUNCH AT THE CLUB

KIDS UNDER 10 YEARS FREE!

April 8th • 10:30 am-2:00 pm

Club Members: \$14.95, Non-Members: \$16.95

CALL FOR PARTIES OF SIX OR MORE.

-Thursday Night- Family Dining at the Club

Every Thursday 5:00-7:30 pm

Enjoy a relaxing atmosphere and dine on delicious food!

Lunch Buffet All You Can Eat!

Wed-Fri • 11:00-1:00 pm

Wed - Southern Style

Thurs - Italian

Fri - Fish & Carving Station

Recce Point Club ♦ 634-4948

9 Pin No Tap Tournament

1st & 3rd Saturday of the Month

5pm • \$20

Cash Prizes!

SPRING BREAK!

LUNCH BOWL SPECIAL

10:30 am-2:00 pm

\$1 per game / \$1 shoes

AFTERNOON BOWL SPECIAL

2:00 pm-5:00 pm

All you can bowl for \$8

Beale Lanes • 634-2299